

The Secret of Contentment

A Study of Philippians

- Secret #1: View Events Through the Lens of Your Trust in God
- “I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.”
- Secret #2: _____
- Take Action:

The Secret of Contentment

A Study of Philippians

Discussion:

1. Imagine yourself one of the believers in Philippi. Knowing that Paul had been beaten and put in prison when he was there, and knowing he was awaiting trial in Rome when he wrote this, how would his talk of gratitude and joy strike you? Would you be encouraged by his example?
2. Why is it hard for us to accept, deep down, that “It’s not about you?”
3. What do you think of this statement: “There is freedom in letting go of the self-centered life.”?



Paul was imprisoned in Rome for at least two years, approximately 62-64 A.D. It is likely that he wrote to the church at Philippi during this time.