The Secret of Contentment

A Study of Philippians

- Be Careful What You Wish For
- "I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want."
- Secret #1: _____

Take Action:

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Discussion:

- 1. Why do you think Paul says he has learned to be content, rather than happy? What is the difference?
- 2. Do you agree with this statement: "Events determine your circumstances, but your attitude determines your perspective"?
- 3. Can you see evidence of God's working in your past? Share something from your past for which you are grateful.



Close-up of the location of Philippi. Paul founded the church in 51 A.D. and likely wrote to them in 62 A.D.