

# MESSAGE DISCUSSION QUESTIONS

FEB 21, 2021 // BREATHING UNDERWATER



## PRESS ON

Senior Pastor Marty Grubbs continued in the *Breathing Underwater* series, wrapping it up by looking at Steps 10, 11, and 12—sometimes referred to as “The Maintenance Steps.” These last three steps are ongoing, promote continual growth, and extend our reliance on God. In other words, the last steps are what could be described as discipleship, the being and doing of a follower of Christ. We are called to: continue growing in knowledge and understanding of who God is, stay alert and stand firm against the enemy, be confident that God will finish what he started, pray for God’s continuous attention and help, and meditate on Scripture to invite the Holy Spirit into our understanding of God and ourselves.

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.

Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of his will for us and the power to carry that out.

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to others\*, and to practice these principles in all our affairs.

\*edited: from *Alcoholics to Others*

## SCRIPTURES:

*“I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding.” – Philippians 1:9 NLT*

*“... I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.” – Philippians 3:13-14 NLT*

*“Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. Stand firm against him, and be strong in your faith. Remember that your family of believers all over the world is going through the same kind of suffering you are.” – 1 Peter 5:8-9 NLT*

*“If you think you are standing strong, be careful not to fall.” – 1 Corinthians 10:12 NLT*

*“... being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” – Philippians 1:6 NIV*

*“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” – Philippians 4:6-7 NLT*

*“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” – Romans 12:2 NIV*

*“Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.” – Philippians 4:8 NLT*

## **DISCUSSION QUESTIONS**

1. What stood out to you from Marty’s message?
2. Read Philippians 1:9 and 3:13-14. What does Paul call us to do? What does this mean in your own life?
3. Read 1 Peter 5:8-9 and 1 Corinthians 10:12. Who is the enemy, and how do we watch out for him?
4. Read Philippians 1:6. What is the good work God has begun in us?
5. Read Philippians 4:6-7. Describe prayer—its roots and its benefits.
6. Read Romans 12:2 and Philippians 4:8. How are we called to live apart from the world? (Meditate on these verses throughout the week and ask the Holy Spirit to continue to reveal deeper and deeper meaning of them.)
7. How can we pray for you?

## **PRAYER**

Begin with thanksgiving—what are you grateful for? What do you have that you wouldn’t have without God’s involvement in your life? Ask God to continue working on you, showing you what will draw you closer to him and how to live according to your faith in Jesus.